

We are currently experiencing high demand for our service and patients may experience significant delays in being seen. Please ensure patients are thoroughly assessed before referral

## Community Diabetes Specialist Nurse (DSN) Referral Criteria

Refer to: [whc.diabetesnurses@nhs.net](mailto:whc.diabetesnurses@nhs.net)

To avoid duplication, please do not refer patients already under consultant care for diabetes.

### URGENT (same day)

- New onset Type 1 diabetes
- Type 2 diabetes – Hyperglycaemia (>14 mmols) with osmotic symptoms & acutely unwell (hospital admission avoidance for insulin rescue)

### PRIORITY

- Frequent hypoglycaemia or impaired hypoglycaemic awareness

### NON-URGENT

- Type 1 diabetes with sub-optimal or unstable diabetes management
- Type 1 diabetes requiring technology
- Type 2 diabetes with sub-optimal diabetes management on triple therapy where practices are unable to support insulin initiation
- Type 2 diabetes on insulin where practices are unable to support insulin adjustment
- Type 1 diabetes distress (psychological)
- Learning disability where carer education & support required

### Advice and Guidance Telephone Support - 01249 456483

- Type 1 diabetes acutely unwell (first check glucose & ketones)
- Type 2 diabetes acutely unwell (first check capillary blood glucose)
- Clarification of diagnosis
- New treatment affecting glucose levels (e.g., cancer or steroid treatment)
- Preconception advice

- Preparation for surgery (where medication adjustment required)
- Deprescribing in frailty (HbA1c too low)
- End of Life care
- Suitability for Type 1 structured education

<http://wiltshirehealthandcare.nhs.uk/service/diabetes/>